

Study program: Special Education and Rehabilitation, module of Visual Impairments			
Type and level of studies: Basic Academic Studies			
Title of the subject: Adaptive Physical Activities for Visually Impaired			
Lecturer: Aleksandra B. Grbović			
Course status: Obligatory			
ECTS: 5			
Prerequisites: There are no prerequisites			
Aim: Gaining knowledge on correctionally-pedagogical work in order to improve motor and functional skills of children and young with visual impairments. Creating a solution for their effective participation in various types of physical activities in preschool and in school education, at home or in a wider social community.			
Outcomes: Students will acquire knowledge about factors that limit physical activity of people with impaired vision. Students should gain practical knowledge about methods and techniques of physical education for visually impaired students. Students should be able to choose sport and recreational activities in accordance to interests of children and young with vision impairment and they will be able to adapt physical activities to their visual, cognitive and motor skills.			
Content <i>Lectures:</i> Motor development of visually impaired children. Limitations in performing physical activities due to vision impairment. The approach to various physical activities and exercises of visual impaired: adaptation of places, equipment and gear, adaptation of rules, tempo and techniques. Physical education strategies for blind and low vision students. Physical education class with visually impaired students. Sport and recreational activities for people with visual impairment. Exercises for visually impaired students and for visual impaired children with multiply disabilities, regardless if they were schooled in inclusive or segregative educational settings. <i>Practical work:</i> Observing the specifics of motion and movement of blind and visually impaired persons. Observation, analysis and practical work on a physical education class with blind and low vision students. Creating conditions and physical activities for visually impaired children and young regardless of additional disabilities being present.			
Literature 1. Voronkin, B. I, Golovizin, G. A., Laliašvili, B. A. (1979). <i>Laka atletika, udžbenik za nastavu sa slepima</i> , Beograd: Savez za sport i rekreaciju invalida Srbije. 2. Nešković, B. (2009). <i>Sport lica oštećenog vida: integracija, specifičnosti, mogućnosti</i> . Ljubovija: autorsko izdanje. 3. Grbović, A. (2003). Specifičnosti slabovidnih učenika u nastavi fizičkog vaspitanja. <i>Beogradska defektološka škola</i> , 3. (115-121). ISSN 0354-8759 4. Grbović A., Jablan B. (2009). Uređenje prostora i adaptacija opreme i sredstava za nastavu fizičkog vaspitanja sa decom oštećenog vida. <i>Beogradska defektološka škola</i> , 3, Beograd, (131-137). ISSN 0354-8759 5. Grbović, A. (2007). Health problems as a limiting factor in physical education of low vision pupils. In B. Eškirović, V. Vučinić (Eds.), <i>Proceedings of the III ICEVI Balkan Conference Transition of Education and Rehabilitation new possibilities</i> , (389-399), Belgrade: Faculty of Special Education and Rehabilitation. 6. Grbović, A. (2005). <i>Ispitivanje fizičkih sposobnosti slabovidnih učenika</i> . Beograd: Univerzitet u Beogradu – Fakultet za specijalnu edukaciju i rehabilitaciju, (15-63).			
Number of active classes per week:	Lecture: 2	Practical work: 1	
Teaching methods: Lectures, interactive teaching – group and individual assignments.			
Evaluation of knowledge (maximum score 100)			
Pre obligations	Score	Final exam	Score
activities during the lectures	10	written exam	/
practical teaching	15	oral exam	50
seminars	25		